



## CYCLIST WAIVER OF NEGLIGENCE AND COMPLETE RELEASE OF LIABILITY

I wish to participate in the 2017 ROCK AND RIDE on July 15, 2017 along with all related events. I understand the ROCK AND RIDE is a one-day, non-competitive bicycle ride to benefit the CAYUGA HEART INSTITUTE. I understand that by participating in this event I will be using public streets and facilities where many hazards exist, and I am aware of and understand injuries that may result. I am also aware that accidents could occur while riding a bike and that I may be seriously injured or killed as a result. I am voluntarily participating in this event with knowledge of the dangers involved and I agree to accept any and all risks of injury or death.

In consideration for being permitted to participate in the Rock and Ride, I agree to assume all risks and to release and hold harmless Treleven King Ferry Winery, Barn Warrior Crossfit, the Cayuga Heart Institute, New York State Department of Transportation, and their affiliated employees and members, and any volunteers, who, through negligence, carelessness or another cause, might otherwise be liable to me.

I intend this Waiver and Release to release, in advance, and to waive my rights and discharge all of the persons and entities mentioned above, from any and all claims for damages for both, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the Rock and Ride, entities being released from dangerous or defective property or equipment owned, maintained or controlled by them or because of their possible liability without fault. I understand and agree that this Waiver and Release is binding on my heirs, assigns and legal representatives.

I am physically capable to participate in the Rock and Ride, and my medical care provider knows of and has approved my participation in the Rock and Ride. I acknowledge that I alone am solely responsible for my personal health and safety, the condition of the bicycle I will be riding, and the personal property I bring with me. I agree to abide by all rules, regulations, and safety requirements established by the organizers of the Rock and Ride as well as the New York Vehicle Code. I agree to wear a properly fitted and adjusted ANSI, ASTM, SNELL, or another accredited or certified helmet during the ride at all times.

I understand that the beneficiaries, King Ferry Winery, Barn Warrior Crossfit, the Cayuga Heart Institute, and their licensees, affiliates and employees may use my name, photograph, voice or likeness. I consent to and authorize in advance such use and waive my rights of privacy I have in connection therewith.

I have carefully read this Waiver and Release and fully understand its contents. I am aware that this is a Release of Liability and a contract between me and the persons and entities mentioned above and all of their respective officers, directors, employees, agents, and representatives, and I sign of my own free will.

PRINT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ CELL #: \_\_\_\_\_

EMERGENCY CONTACT NAME AND PHONE #: \_\_\_\_\_